



St Giles' CE Primary- School Newsletter – Friday 24th April 2026



National School Sports Week

Monday 06 July - Sunday 12 July 2026

This summer of sport, every child deserves to feel part of the action

National School Sports Week 2026 invites schools, families and communities across the UK to get moving together, inspired by a landmark year of global sport and the everyday moments of encouragement that happen in playgrounds, classrooms and communities.

Watch the National School Sports Week 2026 Hero Film and join a nationwide celebration supporting the Chief Medical Officers' recommendation <https://www.gov.uk/government/news/children-should-get-60-minutes-of-physical-activity-a-day>

[National Sports Week Video](#)

**Sports Week Events will take place on the School Field - Parents and Carers Welcome-
Please bring your own camping chairs.**

Monday 6th July 10.00am - Nursery am and Reception (RS)

Monday 6th July 2.00pm - Nursery pm and Reception (RG)

Tuesday 7th July 9.15am – Year 1

Tuesday 7th July- 10.45am Year 2

Wednesday 8th July 9.15am Year 3

Wednesday 8th July 10.45am Year 4

Thursday 9th July 9.15am Year 5

Thursday 9th July 10.45am Year 6

School Uniform /PE Day Reminders

Thank you for ensuring children attend school looking smart in their school uniforms. As a reminder, it is essential that children attend wearing school shoes and not boots, particularly now as we are hopefully over the winter weather.

On PE Days– please ensure your child attends wearing the agreed kit:

- 1) White Polo Shirt under the school jumper/cardigan**
- 2) Black Shorts /Black Jogging Bottoms**
- 3) Trainers**

Support as always is much appreciated.



CAMHS Parent/Carer Workshops

Come and join our Parent/Carer Workshops, run by Black Country CAMHS services (on MS Teams for 1 hours). Groups held 12pm - 1pm.

We know that suffering from mental health difficulties does not only affect the person struggling, but also the family around them. Parenting a child/young person with mental health difficulties can create additional challenges for parents.

We are running workshops exploring a range of difficulties that children/young people may experience, that can impact their emotional wellbeing.

22.04.2026 - Anxiety

27.05.2026 - Understanding Autism

17.06.2026 – Low mood in Children

15.07.2026 - Anger Conduct

23.09.2026 – Trauma with attachment

21.10.2026 – Self Harm with DBT skills

18.11.2026 – Anxiety and OCD



To register your interest telephone **Andrea Ehgartner / Nicole Whitehouse** on
01922 607400



bchft_camhs



www.blackcountrychildrens.nhs.uk/camhs



Online Safety Newsletter

April 2026

BBC iPlayer for Kids

Children under the age of 13 can have their own iPlayer profile, which includes content from CBBC, CBeebies and other suitable BBC programmes.

You can download the iPlayer app and then find out how to create a profile here:

<https://www.bbc.co.uk/iplayer/help/questions/about-the-childrens-experience/iplayer-child-experience>

Going on a long journey? The BBC have also compiled a list of shows and films as well as games and quizzes to make the journey go quicker:

<https://www.bbc.co.uk/cbbc/watch/best-films-games-and-quizzes-to-keep-kids-entertained-on-long-journeys>



Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleycitylearningcentres.org.uk/april-2026-primary/>

Age ratings in games

Age ratings exist to help protect your child as they show whether content is suitable for your child's age. Make sure you check the age rating of any game your child is playing.

Why should I check?

Not all games will be appropriate for your child. Some may appear child friendly due to fun or cartoon style graphics but still include unsuitable content. Age ratings consider factors such as violence, frightening content, bad language and/or in app purchases.



How can I check?

Most games are rated by PEGI (Pan European Game Information), who not only state the age you should be to play the game but also provide further content descriptors to give you an indication of the type of content that your child might encounter. Apps are rated by the App store/Google Play.

How can I stop my child from accessing a game they are not old enough to play?

You can set up **parental controls** to restrict access to games or apps that your child is not old enough to play and set restrictions so any downloads/purchases must be approved by you. For example:

- Nintendo – restrict software by age so if you restrict to 10+, games with that rating or above cannot be played by your child.
- Xbox / PlayStation – set an age limit so anything that exceeds that age rating must be approved.
- Apple / Google (Family Link) – restrict your child from installing apps, allowing you to review before approving all purchases.

What else do I need to do?

- Review any additional content descriptors, read reviews and check if the game includes any form of communication or in app purchases. This will help inform your decision as to whether the game is suitable for your child.
 - For any game your child plays, set up appropriate parental controls.
 - If you decide a game is not appropriate, explain to your child why.
- We know your child might feel peer pressure to play certain games, but explaining your reasoning will help them understand your decision.

Further information

- <https://www.ceopeducation.co.uk/parents/articles/gaming/>

Fake or Real? Know the Deal

Essex Police have launched a groundbreaking AI Safety Campaign in partnership with BT and EE to tackle the growing risks posed by artificial intelligence (AI) misuse and deepfake technology. This is the first time a UK police force is working directly with a global technology firm to provide practical advice to parents, guardians and young people.

AI technology offers incredible opportunities, but it also introduces serious risks when misused. Deepfake content – highly convincing, fabricated images or videos – can be used to exploit young people, sometimes without their knowledge. Artificially generated Child Sexual Abuse Material (CSAM) is one of the fastest-emerging crimes Essex Police is actively investigating.

The campaign is designed to help you understand:

- What deepfakes are and why they matter
- How to protect children from online harm
- What to do if an image is misused

Further information

Find out more here, including advice on how to protect your child:

<https://eephonesmart.co.uk/fake-or-real>

What is the Manosphere?

Have you seen the new Netflix documentary 'Louis Theroux: Inside the Manosphere' in which Louis Theroux interviews several 'influencers' that promote extreme / disturbing ideologies online. It is a shocking watch but prompts the importance of ensuring our children are protected from this content. In essence, the manosphere is against the empowerment of women and certain people promote these views and other harmful misinformation online via social media etc.

What should I do?

We need to develop critical thinking in our children and have age-appropriate conversations with them as explained in these two articles:

- <https://parents.actionforchildren.org.uk/feelings-behaviour/talking-about-feelings/talk-to-your-child-gender-equality/>
- <https://www.brook.org.uk/blog/4-ways-to-tackle-misogyny-among-young-people/>

Further information

- <https://www.unwomen.org/en/articles/explainer/what-is-the-manosphere-and-why-should-we-care>

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 03.04.26. The inclusion of any links does not imply any affiliation with or endorsement of the linked websites, documents, or videos, nor are we claiming any ownership or copyright in the content of the linked materials.

How to set up parental controls on ChatGPT

Internet Matters have published an article detailing how you can link your own account to your child's account (they must be logged in) to set parental controls on ChatGPT.

You can read the article here:

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/chatgpt-parental-controls/>

WhatsApp update: Parent-Managed Accounts

WhatsApp have announced that they are rolling out the option of Parent-Managed accounts for those under the age of 13. The settings will include allowing you to choose who can contact your child and ensuring only you can add them to groups. Find out more here:

<https://faq.whatsapp.com/894871699629864>

Whilst, these features could be useful, it is important to emphasise that just because the option now exists, WhatsApp may still not be an appropriate platform for your child to be on. We often receive reports of issues, particularly with group chats on WhatsApp. Wayne Denner (online safety trainer) explains more here: <https://www.waynedenner.com/whatsapp-parent-managed-accounts-what-parents-need-to-know/>

AI and homework

AI can be a useful tool for helping children with homework both in understanding a topic and for research. However, please remember that it should not be used to complete tasks as this would constitute plagiarism.

IMPORTANT REMINDER: BRING YOUR BOOK BAG!



Our school has invested thousands of pounds into providing quality reading books for the children.

To help us keep these books in great condition:



Please ensure your child attends school with a book bag.



Please do NOT place water bottles inside book bags.

Water bottles are causing books to become water damaged beyond repair, and we want every child to enjoy these wonderful reading resources.

Thank you, as always, for your continued support.

Together we can protect our books and foster a love of reading!



**NATIONAL YEAR
OF READING
GO ALL IN**



Poetry Recitals

9.00am In Church Each Friday!

- Friday 27th February - 6S
- Friday 6th March - 6G
- Friday 13th March - 5S
- Friday 20th March - 5G
- Friday 27th March - 4S
- Friday 17th April - 4G
- Friday 24th April - 3S
- Friday 1st May - 3G
- Friday 8th May - 2S
- Friday 15th May - 2G
- Friday 5th June - 1S
- Friday 12th June - 1G
- Friday 19th June - NAM/RS

Friday 26th June - RG/NPM
(2pm St Giles Church)



Term Dates

2025/26 academic year

Autumn term 2025

- Term starts: Monday 1 September 2025
- Half term holiday: Monday 27 October 2025 to Friday 31 October 2025

Term ends: Friday 19 December 2025

Spring term 2026

- Term starts: Monday 5 January 2026
- Half term holiday: Monday 16 February 2026 to Friday 20 February 2026

Term ends: Friday 27 March 2026

Summer term 2026

- Term starts: Monday 13 April 2026
- Half term holiday: Monday 25 May 2026 to Friday 29 May 2026

Term ends: Monday 20 July 2026

Non-Pupil Days

~~INSET 1 Monday 1st September 2025~~

~~INSET 2 Wednesday 1st October 2025~~

~~INSET 3 Wednesday 28th January 2026~~

~~INSET 4 Wednesday 24th June 2026~~

~~INSET 5 Monday 20th July 2026~~

2026/2027 academic year

Autumn term 2026

- **Term starts: Tuesday 1 September 2026**
- **Half term holiday: Monday 26 October 2026 to Friday 30 October 2026**

Term ends: Friday 18 December 2026

Spring term 2027

- **Term starts: Monday 4 January 2027**
- **Half term holiday: Monday 15 February 2027 to Friday 19 February 2027**

Term ends: Thursday 25 March 2027

Summer term 2027

- **Term starts: Monday 12 April 2027**
- **Half term holiday: Monday 31 May 2027 to Friday 4 June 2027**

Term ends: Wednesday 21 July 2027

2027/2028 Academic Year

Autumn term 2027

- **Term starts: Thursday 2 September 2027**
- **Half term holiday: Monday 25 October 2027 to Friday 29 October 2027**

Term ends: Friday 17 December 2027

Spring term 2028

- **Term starts: Tuesday 4 January 2028**
- **Half term holiday: Monday 14 February 2028 to Friday 18 February 2028**

Term ends: Friday 7 April 2028

Summer term 2028

- **Term starts: Monday 24 April 2028**
- **Half term holiday: Monday 29 May 2028 to Friday 2 June 2028**

Term ends: Friday 21 July 2028

NSPCC 

HELPLINE

0808 800 5000

help@nspcc.org.uk

If you have any concerns about a child, trust your instincts and contact the NSPCC Helpline. Our specialist team will listen, advise and take any action needed.

An estimated 1 in 20 children have experienced sexual abuse. And child sexual abuse is under-reported by adults. It's time for that to change.

It's never too soon to talk to us. And what you share could make a life-changing difference to a child.

You can contact the NSPCC Helpline by calling 0808 800 5000, emailing help@NSPCC.org.uk or completing our report abuse online form.

Due to an increase in demand across our service, our voice Helpline is currently available 11am–5pm Monday to Friday. You can still email help@NSPCC.org.uk or complete our report abuse online form at any time for free. You don't have to say who you are.

If you think a child is in immediate danger, please call the police on 999 straight away.